

ER Bars		
_kip		D-3.0 _____
_free hip/circling		
_release		R- 1.0 _____
_20° of vertical		
_S. dismount		B- 0.8 _____
Comp.		
(deduct for lack of):		
Var. elements ≤.2		E- 4.6 _____
2 bar changes .1		
Space & lvs ≤.1		
Lack distrib. ≤.1		C- 0.6 _____
Direction change .1		

Bars		
_kip		D-3.0 _____
_free hip/circling		
_release		R- 1.0 _____
_20° of vertical		
_S. dismount		B- 0.8 _____
Comp.		
(deduct for lack of):		
Var. elements ≤.2		E- 4.6 _____
2 bar changes .1		
Space & lvs ≤.1		
Lack distrib. ≤.1		C- 0.6 _____
Direction change .1		

Bars		
_kip		D-3.0 _____
_free hip/circling		
_release		R- 1.0 _____
_20° of vertical		
_S. dismount		B- 0.8 _____
Comp.		
(deduct for lack of):		
Var. elements ≤.2		E- 4.6 _____
2 bar changes .1		
Space & lvs ≤.1		
Lack distrib. ≤.1		C- 0.6 _____
Direction change .1		

Bars		
_kip		D-3.0 _____
_free hip/circling		
_release		R- 1.0 _____
_20° of vertical		
_S. dismount		B- 0.8 _____
Comp.		
(deduct for lack of):		
Var. elements ≤.2		E- 4.6 _____
2 bar changes .1		
Space & lvs ≤.1		
Lack distrib. ≤.1		C- 0.6 _____
Direction change .1		

Bars		
_kip		D-3.0 _____
_free hip/circling		
_release		R- 1.0 _____
_20° of vertical		
_S. dismount		B- 0.8 _____
Comp.		
(deduct for lack of):		
Var. elements ≤.2		E- 4.6 _____
2 bar changes .1		
Space & lvs ≤.1		
Lack distrib. ≤.1		C- 0.6 _____
Direction change .1		

Fall Timing: 45 sec from time gymnast is standing, warning @ 30s. RANGES: 0.2 (9.50 - 10.00) 0.3 (8.50 - 9.475) 0.5 (7.00 - 8.475) 1.00 (Below 7.00)

Bars		
_kip		D-3.0 _____
_free hip/circling		
_release		R- 1.0 _____
_20° of vertical		
_S. dismount		B- 0.8 _____
Comp.		
(deduct for lack of):		
Var. elements ≤.2		E- 4.6 _____
2 bar changes .1		
Space & lvs ≤.1		
Lack distrib. ≤.1		C- 0.6 _____
Direction change .1		

Bars		
_kip		D-3.0 _____
_free hip/circling		
_release		R- 1.0 _____
_20° of vertical		
_S. dismount		B- 0.8 _____
Comp.		
(deduct for lack of):		
Var. elements ≤.2		E- 4.6 _____
2 bar changes .1		
Space & lvs ≤.1		
Lack distrib. ≤.1		C- 0.6 _____
Direction change .1		

Bars		
_kip		D-3.0 _____
_free hip/circling		
_release		R- 1.0 _____
_20° of vertical		
_S. dismount		B- 0.8 _____
Comp.		
(deduct for lack of):		
Var. elements ≤.2		E- 4.6 _____
2 bar changes .1		
Space & lvs ≤.1		
Lack distrib. ≤.1		C- 0.6 _____
Direction change .1		

Bars		
_kip		D-3.0 _____
_free hip/circling		
_release		R- 1.0 _____
_20° of vertical		
_S. dismount		B- 0.8 _____
Comp.		
(deduct for lack of):		
Var. elements ≤.2		E- 4.6 _____
2 bar changes .1		
Space & lvs ≤.1		
Lack distrib. ≤.1		C- 0.6 _____
Direction change .1		

Bars		
_kip		D-3.0 _____
_free hip/circling		
_release		R- 1.0 _____
_20° of vertical		
_S. dismount		B- 0.8 _____
Comp.		
(deduct for lack of):		
Var. elements ≤.2		E- 4.6 _____
2 bar changes .1		
Space & lvs ≤.1		
Lack distrib. ≤.1		C- 0.6 _____
Direction change .1		

RANGES: 0.2 (9.50 - 10.00) 0.3 (8.50 - 9.475) 0.5 (7.00 - 8.475) 1.00 (Below 7.00)

Beam _360° turn _acro element _acro pass _dance/mix _S. dismount					D-3.0 _____
					R- 1.0 _____
					B- 0.8 _____
Comp. (deduct for lack of): Var. elements ≤2 Lvl of acro vs. dance ≤1 Acro in 2 direction ≤1 Lvl Δ & distrib. ≤1 Artistry/Choreo ≤1					E- 4.6 _____
					C- 0.6 _____

Beam _360° turn _acro element _acro pass _dance/mix _S. dismount					D-3.0 _____
					R- 1.0 _____
					B- 0.8 _____
Comp. (deduct for lack of): Var. elements ≤2 Lvl of acro vs. dance ≤1 Acro in 2 direction ≤1 Lvl Δ & distrib. ≤1 Artistry/Choreo ≤1					E- 4.6 _____
					C- 0.6 _____

Beam _360° turn _acro element _acro pass _dance/mix _S. dismount					D-3.0 _____
					R- 1.0 _____
					B- 0.8 _____
Comp. (deduct for lack of): Var. elements ≤2 Lvl of acro vs. dance ≤1 Acro in 2 direction ≤1 Lvl Δ & distrib. ≤1 Artistry/Choreo ≤1					E- 4.6 _____
					C- 0.6 _____

Beam _360° turn _acro element _acro pass _dance/mix _S. dismount					D-3.0 _____
					R- 1.0 _____
					B- 0.8 _____
Comp. (deduct for lack of): Var. elements ≤2 Lvl of acro vs. dance ≤1 Acro in 2 direction ≤1 Lvl Δ & distrib. ≤1 Artistry/Choreo ≤1					E- 4.6 _____
					C- 0.6 _____

Beam _360° turn _acro element _acro pass _dance/mix _S. dismount					D-3.0 _____
					R- 1.0 _____
					B- 0.8 _____
Comp. (deduct for lack of): Var. elements ≤2 Lvl of acro vs. dance ≤1 Acro in 2 direction ≤1 Lvl Δ & distrib. ≤1 Artistry/Choreo ≤1					E- 4.6 _____
					C- 0.6 _____

RANGES: 0.2 (9.50 - 10.00) 0.3 (8.50 - 9.475) 0.5 (7.00 - 8.475) 1.00 (Below 7.00)

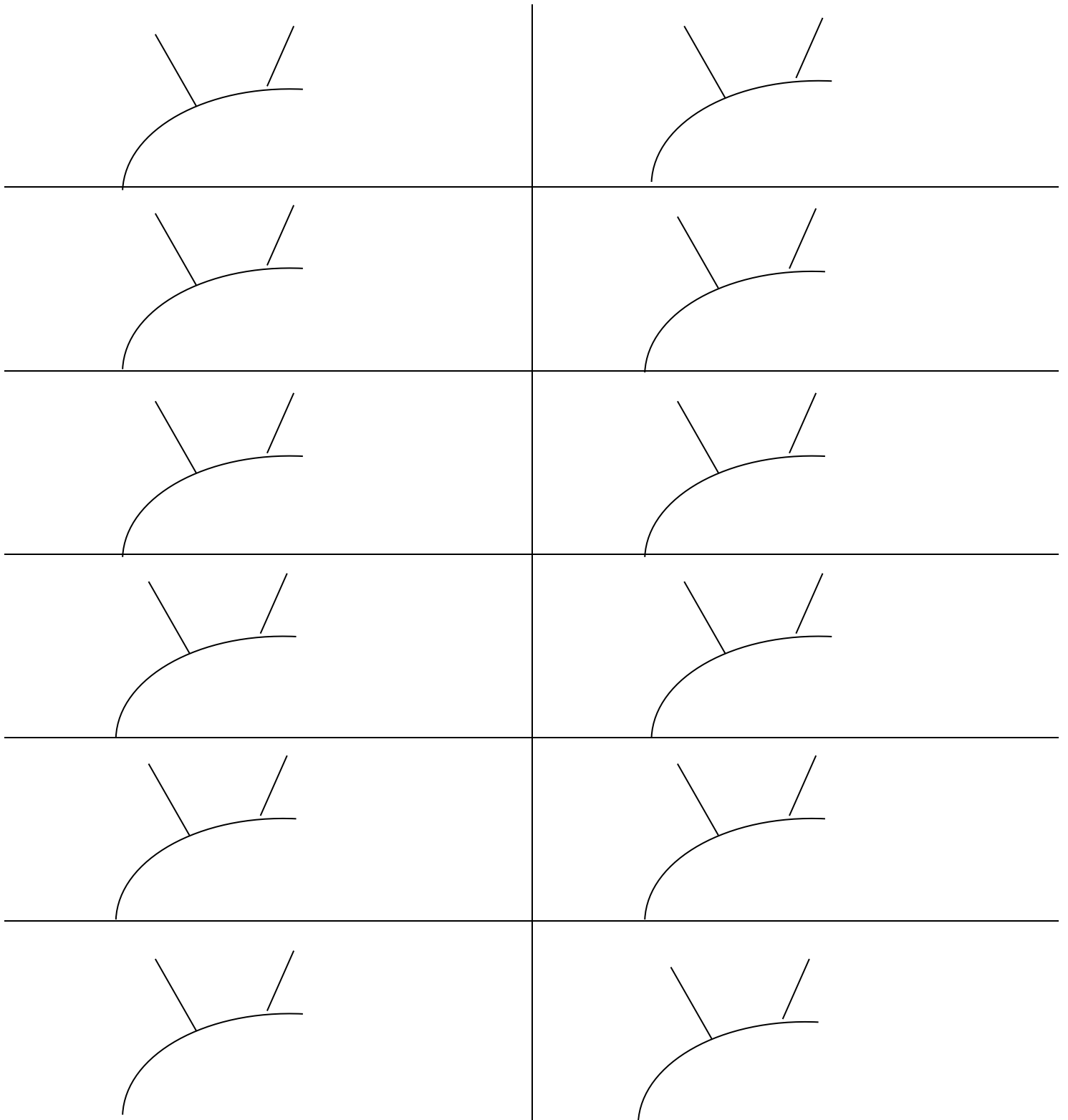
<p>Floor          _ S turn          _ dance series of          2 diff leap/jump          _ twisting salto          _ 3 acro passes          _ S. in 3<sup>rd</sup> pass</p> <p>Comp.          (deduct for lack of):          Var. acro/dance ≤.2          Lvl of acro vs. dance ≤.1          Acro in 2 direction ≤.1          Use of entire floor          &amp; lack of distrib. ≤.1          Artistry/Choreo ≤.1</p>	<p>D-3.0 _____</p> <p>R- 1.0 _____</p> <p>B- 0.8 _____</p> <p>E- 4.6 _____</p> <p>C- 0.6 _____</p>
--	--

<p>Floor          _ S turn          _ dance series of          2 diff leap/jump          _ twisting salto          _ 3 acro passes          _ S. in 3<sup>rd</sup> pass</p> <p>Comp.          (deduct for lack of):          Var. acro/dance ≤.2          Lvl of acro vs. dance ≤.1          Acro in 2 direction ≤.1          Use of entire floor          &amp; lack of distrib. ≤.1          Artistry/Choreo ≤.1</p>	<p>D-3.0 _____</p> <p>R- 1.0 _____</p> <p>B- 0.8 _____</p> <p>E- 4.6 _____</p> <p>C- 0.6 _____</p>
--	--

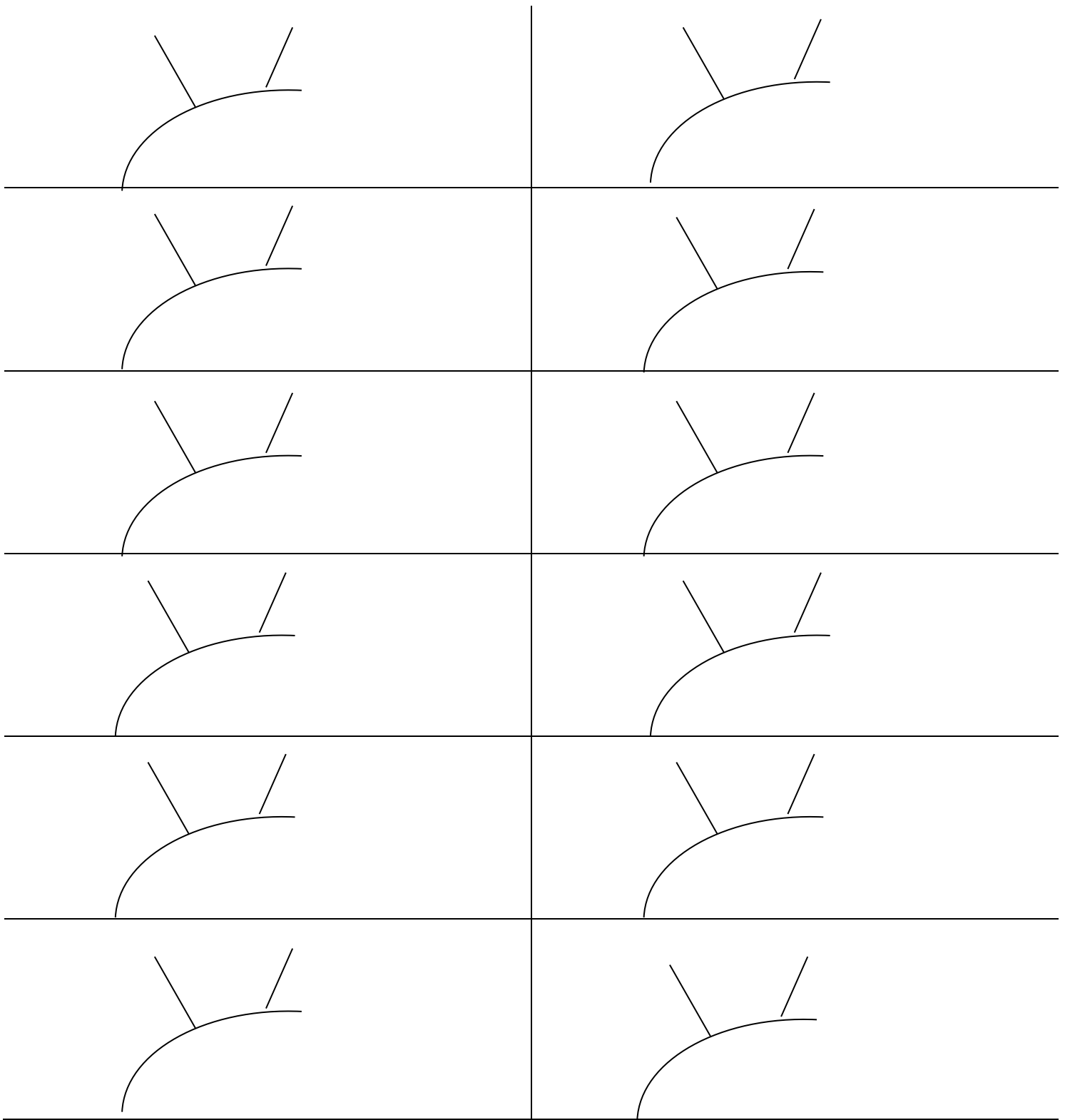
<p>Floor          _ S turn          _ dance series of          2 diff leap/jump          _ twisting salto          _ 3 acro passes          _ S. in 3<sup>rd</sup> pass</p> <p>Comp.          (deduct for lack of):          Var. acro/dance ≤.2          Lvl of acro vs. dance ≤.1          Acro in 2 direction ≤.1          Use of entire floor          &amp; lack of distrib. ≤.1          Artistry/Choreo ≤.1</p>	<p>D-3.0 _____</p> <p>R- 1.0 _____</p> <p>B- 0.8 _____</p> <p>E- 4.6 _____</p> <p>C- 0.6 _____</p>
--	--

<p>Floor          _ S turn          _ dance series of          2 diff leap/jump          _ twisting salto          _ 3 acro passes          _ S. in 3<sup>rd</sup> pass</p> <p>Comp.          (deduct for lack of):          Var. acro/dance ≤.2          Lvl of acro vs. dance ≤.1          Acro in 2 direction ≤.1          Use of entire floor          &amp; lack of distrib. ≤.1          Artistry/Choreo ≤.1</p>	<p>D-3.0 _____</p> <p>R- 1.0 _____</p> <p>B- 0.8 _____</p> <p>E- 4.6 _____</p> <p>C- 0.6 _____</p>
--	--

<p>Floor          _ S turn          _ dance series of          2 diff leap/jump          _ twisting salto          _ 3 acro passes          _ S. in 3<sup>rd</sup> pass</p> <p>Comp.          (deduct for lack of):          Var. acro/dance ≤.2          Lvl of acro vs. dance ≤.1          Acro in 2 direction ≤.1          Use of entire floor          &amp; lack of distrib. ≤.1          Artistry/Choreo ≤.1</p>	<p>D-3.0 _____</p> <p>R- 1.0 _____</p> <p>B- 0.8 _____</p> <p>E- 4.6 _____</p> <p>C- 0.6 _____</p>
--	--



7.0	8.6	8.8	9.0	9.2	9.4	9.6	9.8	10.0	10.0
Straddle	$\frac{1}{4}$ - $\frac{1}{4}$	Yamashita - $\frac{1}{2}$	$\frac{1}{2}$ - $\frac{1}{2}$	$\frac{1}{2}$ - 1/1	Handspring - 1/1	Tuck Tsuk	Pike Tsuk	RO - Back Layout	Layout Tsuk
<b>5.0</b>	$\frac{1}{2}$ On	Handspring - $\frac{1}{2}$	$\frac{1}{4}$ - $\frac{3}{4}$	$\frac{1}{4}$ - 1 $\frac{1}{4}$	RO - 1/1 off	RO - back tuck	1/1 - 1/1	RO - 2/1 off	Tuck Tsuk $\frac{1}{2}$ or 1/1
Pop-on (maga)	Handspring	RO - FF off	RO - FF $\frac{1}{2}$ off	RO $\frac{1}{2}$ on - HS off	RO $\frac{1}{2}$ on - $\frac{1}{2}$ off	RO - 1 $\frac{1}{2}$ off	RO - back pike	RO - Tuck $\frac{1}{2}$ or 1/1	Pike Tsuk $\frac{1}{2}$
	Yamashita				1/1 on - handspring off	RO $\frac{1}{2}$ on - 1/1 off	RO $\frac{1}{2}$ on - 1 $\frac{1}{2}$ off	RO $\frac{1}{2}$ on - Front off	HSpring - 2/1
					Yamashita - 1/1	Handspring - 1 $\frac{1}{2}$	off	RO $\frac{1}{2}$ on - 2/1 off	HSpring 1/1-1/1
						1/1 - $\frac{1}{2}$	RO 1/1 on - $\frac{1}{2}$ off	RO 1/1 on - 1/1 off	HSpring 1/1 - 1 $\frac{1}{2}$
						$\frac{1}{2}$ - 1 $\frac{1}{2}$		RO - $\frac{1}{2}$ front salto	HSpring $\frac{1}{2}$ - 2/1
						$\frac{1}{4}$ - 1 $\frac{1}{4}$		RO 1/1 on - salto off	Handspring Front + (any front flipping vault)
						RO 1/1 On			



<b>7.0</b> Straddle	<b>8.6</b> $\frac{1}{4}$ - $\frac{1}{4}$ $\frac{1}{2}$ On Handspring Yamashita	<b>8.8</b> Yamashita - $\frac{1}{2}$ Handspring - $\frac{1}{2}$ RO - FF off	<b>9.0</b> $\frac{1}{2}$ - $\frac{1}{2}$ $\frac{1}{4}$ - $\frac{3}{4}$ RO - FF $\frac{1}{2}$ off	<b>9.2</b> $\frac{1}{2}$ - 1/1 $\frac{1}{4}$ - 1 $\frac{1}{4}$ RO $\frac{1}{2}$ on - HS off	<b>9.4</b> Handspring - 1/1 RO - 1/1 off RO $\frac{1}{2}$ on - $\frac{1}{2}$ off 1/1 on - handspring off Yamashita - 1/1	<b>9.6</b> Tuck Tsuk RO - back tuck RO - 1 $\frac{1}{2}$ off RO $\frac{1}{2}$ on - 1/1 off Handspring - 1 $\frac{1}{2}$ 1/1 - $\frac{1}{2}$ $\frac{1}{2}$ - 1 $\frac{1}{2}$ $\frac{1}{4}$ - 1 $\frac{1}{4}$ RO 1/1 On	<b>9.8</b> Pike Tsuk 1/1 - 1/1 RO - back pike RO $\frac{1}{2}$ on - 1 $\frac{1}{2}$ off RO 1/1 on - $\frac{1}{2}$ off	<b>10.0</b> RO - Back Layout RO - 2/1 off RO - Tuck $\frac{1}{2}$ or 1/1 RO $\frac{1}{2}$ on - Front off RO $\frac{1}{2}$ on - 2/1 off RO 1/1 on - 1/1 off RO - $\frac{1}{2}$ front salto RO 1/1 on- salto off	<b>10.0</b> Layout Tsuk Tuck Tsuk $\frac{1}{2}$ or 1/1 Pike Tsuk $\frac{1}{2}$ Hspring - 2/1 Hspring 1/1-1/1 Hspring 1/1 - 1 $\frac{1}{2}$ Hspring $\frac{1}{2}$ - 2/1 Handspring Front + (any front flipping vault)
------------------------	--	--	---	--	--	---	--	--	--